

**Abundant Health Naturopathic Clinic**  
**Laura A. Schissell, N.D., D.C.**  
**3303 NE 44<sup>th</sup> Street #1, Vancouver, WA 98663 Phone 360/721-0001**

Patient Name \_\_\_\_\_ Sex \_\_\_ Birth date \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone #'s  Home \_\_\_\_\_  Work \_\_\_\_\_  Cell \_\_\_\_\_  
(Please check the boxes beside the numbers where we may call and leave a message)  
Email \_\_\_\_\_ Employer/Occupation \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_  
Whom may we thank for this referral? \_\_\_\_\_

**Payment Policy**

- As a patient service, we will bill insurance companies, however, we expect full co-payment at the time of service. A copy of your insurance card is needed for billing.
- If we are not billing insurance, 100% of doctor visits and Medicinary items are due at the time of service, unless prior arrangements have been made.

**Please Note: 24 Hours Notice Required For Appointment Cancellation to Avoid \$50 Charge**

**Patient Authorization For Treatment and Billing Insurance:** (check all that apply)

- I authorize Dr. Laura Schissell to examine and to treat me.
- I have read the payment policy and accept responsibility for payment.
- I authorize Abundant Health Clinic to bill my insurance/myself as necessary.
- I authorize insurance benefit payments to go to Abundant Health Clinic.

\_\_\_\_\_  
Signature of Patient, or Parent/Guardian if a minor

\_\_\_\_\_  
Date

**Health Information:**

What are your top health concerns in order of importance to you? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergies to drugs, foods, chemicals: \_\_\_\_\_  
\_\_\_\_\_

Past operations/Serious illnesses: \_\_\_\_\_  
\_\_\_\_\_

Current Prescription Medications: \_\_\_\_\_  
\_\_\_\_\_

(please turn form over and fill out back side of form)

Current Supplements: \_\_\_\_\_

**Family Medical History** – Please note any health conditions each family member has had and if they are deceased, please note their age at death and cause of death.

Father \_\_\_\_\_ Mother \_\_\_\_\_  
 Paternal Grandfather \_\_\_\_\_ Maternal Grandfather \_\_\_\_\_  
 Paternal Grandmother \_\_\_\_\_ Maternal Grandmother \_\_\_\_\_  
 Siblings \_\_\_\_\_

**Patient Social History:**

Use of alcohol: Never \_\_\_ Rarely \_\_\_ Moderate \_\_\_ Daily \_\_\_ Type \_\_\_\_\_  
 Use of tobacco: Never \_\_\_ Previously but quite (date) \_\_\_\_\_ Current packs/day \_\_\_\_\_  
 Use of drugs: Never \_\_\_ Type/frequency \_\_\_\_\_  
 Excessive exposure home/work to: Fumes \_\_\_ Dust \_\_\_ Solvents \_\_\_ Pesticides \_\_\_ Other \_\_\_  
 Exercise: Never \_\_\_ Rarely \_\_\_ Moderate \_\_\_ Heavy \_\_\_ Types: \_\_\_\_\_  
 Marital Status: Single \_\_\_ Married \_\_\_ Divorced \_\_\_ Widowed \_\_\_  
 Height \_\_\_\_\_ Weight \_\_\_\_\_

**Health History:** Briefly comment on the sections that apply to your health history, or write N/A if not applicable.

Eyes:	Numbness/Tingling:
Ears:	Epilepsy Seizures:
Nose:	Liver Problems/Hepatitis:
Mouth:	Diabetes:
Throat:	Rash/Itching:
Swollen Glands:	Hair/Nail Changes:
Heart Disease/Symptoms:	Heat/Cold Intolerance:
High/Low Blood Pressure:	Dry Skin:
Asthma:	Thyroid Disease:
Coughs:	Bleed/Bruise Easily:
Short of Breath:	Anemia:
Constipation/Diarrhea:	Fatigue:
Nausea/Vomitting:	Insomnia:
Gallbladder Disease:	Venereal Disease/AIDS:
Change in Stool/Rectal Bleed:	<b>Female</b> - Date of last Pap Smear:
Abdominal Pain:	Any Abnormal Paps:
Reflux/Heartburn:	Cycle Length: _____ Regular?
Painful Urination:	Flow - Heavy/Light/Average
Frequent Urination:	Painful Menses:
Incontinence:	Vaginal Discharge/Itching:
Kidney Stones/Disease:	# Pregnancies:
Sexual Difficulty:	Breast Pain/Lump/Discharge:
Joint Pain/Stiffness/Swelling:	<b>Male</b> -
Muscle Pain/Cramps:	Change in Force and Stream of Urination:
Back Pain:	Testicular Pain:
Accidents/Trauma:	<b>Other</b> -
Headaches:	

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**Phone: 360/721-0001**  
**Fax: 360/823-0889**

Things to bring with you to your first visit with Dr. Laura Schissell:

- \* Please bring any copies of labs or specialized testing that you have done with other doctors within the past year or so. If you do not have access to these we can have you sign a release at the first visit requesting that they be sent to our office.
  
- \* Please bring in actual bottles of supplements and prescriptions that you use.
  
- \* Please bring your insurance card to copy for our files.
  
- \* Bring anything else that you feel is relevant and helpful to helping you regain your health.

Thank you.